

Maine Athletic Trainers' Association

Young Professionals' Committee

Fall 2021

The MATA Young Professionals' (YP) Committee is actively seeking member involvement. If you are interested in helping develop YP initiatives and events in Maine, please contact Heather Dean, Maine YP Committee Chair: HDean@NYA.org. Our first YP meeting will be held on **Friday, 11/19/2021** at **12:30pm** via Zoom.

The Maine YP Committee has worked closely with Maine's Mentorship Committee to implement a mentorship program here in Maine. Different from the NATA's Gather program, these mentors work or have worked as athletic trainers in Maine, and the mentees are athletic trainers currently working in our state. If you are interested in becoming a mentor, or in being matched with a mentor, please send an email to: MATAMentorship@gmail.com.

At the national level, the Young Professionals' Committee has been subdivided into 2 groups: the Early Professionals' Committee, & the Career Advancement Committee. Both committees are working together on an event to take place during the [EATA Convention](#) in January. Additionally, the District 1 chairs of these committees are hoping to meet with all New England YP chairs later this month. As they become available, updates will be communicated to membership via email from the MATA.

The Early Professionals' Committee (EPC):

- Chairperson: Victoria VanAlstine-Tauer
- Supports the transition to practice of NATA members within their first 6 years of clinical practice as an athletic trainer, through leadership development and educational opportunities • To learn more about the EPC, please visit: <https://www.nata.org/early-professionals>

Updates from the Career Advancement Committee (CAC):

- Chairperson: Sandy Snow
- Supports the needs of NATA members with 7-12 years of clinical practice as an athletic trainer; addressing work-life balance, career growth and satisfaction, and professional retention • The NATA Board of Directors plans to vote on the CAC's proposed mission and vision statements at their November meeting
- Current strategic initiatives include:
 - DEIA (diversity, equity, inclusion, and accessibility)
 - Empowering YPs (0-12 years since initial certification)
 - Developing professionalism
 - Identifying and mitigating factors associated with "burnout"
- To learn more about the CAC, please visit: <https://www.nata.org/career-advancement> MATA

members are encouraged to reach out if interested in service opportunities, or have questions.