



MATA Spring Conference and Business Meeting

March 4, 2024
Jeff's Catering
15 Eventcenter Way, Brewer, ME



JOIN US FOR THIS IN-PERSON EVENT!

Schedule of Events:

8:30-9:00 am	Check-in / Registration
8:55	<u>Welcome</u> -Paul Culina, MEd, ATC -MATA President
9:00-10:00	Stephen R. Thompson MD, MEd, FRCSC, <i>"Back to Basics: Evaluation and Management of Acute Knee Injuries"</i>
10:00-12:00	Charles R. Thompson MS, AT-Retired, Former Head Athletic Trainer at Princeton University <i>"Biomechanical Dysfunction of the Hip and Pelvis"</i>
12:00	Awards Luncheon / MATA Business Meeting Help us honor and congratulate our award winners!
1:30-2:30	Alicia Lacy, PhD, ATC, <i>"Out with the Old, In with the New: The Role of UNlearning in Athletic Training Clinical Practice"</i>
2:30-3:30	Orville Hartford MD, Board Certified Dermatologist, Penobscot Valley Dermatology <i>"Dermatology for Athletic Trainers"</i>

This program will offer **5 Category A CEUs**. Evaluation and assessments must be completed before CEU certificates will be issued to the participant.

Learning Objectives:

Please refer to following course materials

Registration Cost: Register through Qualtrics Link below

Certified MATA (and NATA) Members- \$40

Certified Non-Members- \$60

Student MATA Members- \$20

Student Non-Members- \$35 (which includes 2024 membership to MATA)

To Register, Please go to: https://umaine.qualtrics.com/jfe/form/SV_8cfCXWVmu050UQe

Target Audience

Athletic Trainers, Physicians, Physical Therapists, Nurses and other health care professionals involved in acute care

Cancellation and Refund Policy

Cancellations that are received in writing within seven business days of the event will be honored with a full refund of the registration. Any cancellations received in writing within three days of the event will receive a refund, less 50%. No refunds will be awarded after this time. All Cancellations should be made in writing to the MATA Secretary. **Email Address:** secretary@gomata.org



Maine Athletic Trainers' Association is approved by the Board of Certification, Inc. to offer continuing education to Certified Athletic Trainers.

MATA 2024 Spring Continuing Education Info

9:00 – 9:55 am

Stephen R. Thompson MD, MEd, FRCSC

“Back to Basics: Evaluation and Management of Acute Knee Injuries”

At the end of the presentation, attendees will:

1. Understand the anatomy of the knee as it relates to injury mechanisms and presentation.
2. Understand the differential diagnosis of acute knee injuries.
3. Recognize and understand early signs and symptoms of acute knee injuries.
4. Understand treatment strategies of acute knee injuries.

10:00 – 11:55 am

Charles R. Thompson MS, AT-Retired

Former Head Athletic Trainer at Princeton University

“Biomechanical Dysfunction of the Hip and Pelvis”

At the end of the presentation, attendees will:

1. Understand the clinician responsibilities associated with any type of manual therapy.
2. Understand the biomechanics of the hip and pelvis.
3. Develop a sound biomechanical approach to evaluating injuries of the hip and pelvis.
4. Differentiate between soft tissue injuries and biomechanical dysfunction of the hip and pelvis.
5. Understand and apply Muscle Energy Techniques (MET) to correct biomechanical dysfunction of the hip and pelvis.

1:30 – 2:25 pm

Alicia Lacy, PhD, ATC

“Out with the Old, In with the New: The Role of UNlearning in Athletic Training Clinical Practice”

At the end of the presentation, attendees will be able to:

1. Define unlearning as it relates to athletic training clinical practice.
2. Describe the role of unlearning in maximizing evidence-based practice.
3. Apply the unlearning process to clinical practice to promote contemporary patient care.

2:30 – 3:25 pm

Orville Hartford MD, Board Certified Dermatologist, Penobscot Valley Dermatology

“Dermatology for Athletic Trainers”

At the end of this presentation, attendees will be able to:

1. Identify and manage of skin inflammations
2. Identify and manage of skin infections
3. Prevent of skin inflammations and infections
4. Recognize differences between Moles vs. Melanoma
5. Educate patients on Sun safety